

# Chief Administrative Officer's Report

February 2022

## **Mission Statement**

To foster healthier communities by economically providing caring human services that empower and enable the people we serve to improve their quality of life.

#### COVID-19

We continue to be vigilant in our COVID-19 screening, cleaning, and tracking. As the Province starts to open again, it is important that we continue to meet our obligations as an employer under the *Occupa-tional Health & Safety Act* and ensure every reasonable precaution is being taken to keep our employees safe. Most of our staff, in compatible positions, continue to work from home. We will re-evaluate this arrangement in the coming weeks.

As our programs fall under several different Ministries, we continue to juggle the testing and reporting requirements of each. Employees have been diligent in testing and providing results as required. We are also keeping an eye on COVID-19 isolations of staff to ensure we can meet staffing requirements across the agency, thus far, we have not had any issues.

#### 2022 Provincial Budget

As Ontario's government prepares the 2022 Ontario Budget, on February 2<sup>nd</sup> the Parliamentary Assistant to the Minister of Finance along with MPP, Norman Miller hosted a virtual discussion to hear directly from the businesses, organizations, and municipalities in our district. The DSSAB was very pleased to be invited to participate.

Not surprisingly the themes of housing, broadband, supports for residents with mental health and addiction issues and for seniors to stay in their homes came through loud and clear.

#### **OPP & CMHA Meeting**

On January 26<sup>th</sup> we held our leaders meeting with our two local OPP detachments and CMHA. We discussed local issues related to the opiate crisis and how this is affecting our district. We also discussed the CMHA crisis line and how helpful this is in supporting our community in the moment.

#### ROMA

NOMA, FONOM, and NOSDA met jointly with government officials at ROMA to discuss the Mental Health, Addictions, and Homelessness Crisis in the North (see Appendix A). The three organizations shared with government officials a research paper written by the Northern Policy Institute titled "Solving the Homelessness, Mental Health and Addictions Crisis in the North". This paper provided 8 recommendations (see Appendix B).

#### **Ontario Works Employment North Initiative - Interim Report February 2022**

Beginning in November 2021, the DSSAB has been partnering with Employment North in Sundridge to provide intensive employment supports to Ontario Works clients furthest away from the labour market. The goal is to assist our multi-barriered Ontario Works clients as well as supporting economic recovery by assisting and supporting employers to find qualified employees.

Participants have completed 3 weeks of pre-employment and life stabilization workshops and they have received several certifications that will boost their marketability to employers. These certifications include Food Handlers, Working from Heights, CanSell and First Aid/CPR. The two teams meet regularly to discuss client's progress and address barriers in a coordinated fashion. There is currently one individual employed and on placement, with two other individuals job searching with the job developer and project coordinator. They have submitted their cover letters and resumes to employers for consideration and are working on securing an interview. See Appendix C for the interim report.

#### **Recent Media Coverage**

- January 24, 2022 <u>Sundridge Council approves rezoning for 50-unit seniors complex</u>
- January 31, 2022 <u>Sundridge Hits Pause Button on Heritage Designation</u>
- February 2, 2022 <u>District of Parry Sound releases Homelessness Enumeration results</u>

#### Social Media

**Twitter Stats** 

Link to the DSSAB's Twitter page - <a href="https://twitter.com/psdssab">https://twitter.com/psdssab</a>

District of Parry Sound Social Services Administration Board – Twitter Page	0ct. 2021	Nov. 2021	Dec. 2021	Jan. 2022
Total Tweets	21	8	1	6
Total Impressions	564	164	51	170
Total Profile Visits	667	275	123	68
Total Followers	7	8	10	10

LinkedIn Stats - used primarily for HR recruitment & RFP/Tender Postings

Link to the DSSAB's LinkedIn page – <u>https://bit.ly/2YyFHIE</u>

District of Parry Sound Social Services Administration Board – LinkedIn	Oct. 2021	Nov. 2021	Dec. 2021	Jan. 2022
Total Followers	11	20	22	27
Search Appearances (in last 7 days)				224
Total Page Views	29	43	10	55
Post Impressions				109
Total Unique Visitors	12	10	5	22

District of Parry Sound Social Services Administration Board - Facebook	Oct. 2021	Nov. 2021	Dec. 2021	Jan. 2022
Total Page Followers	268	279	283	289
Post Reach this Period (# people who saw post)	3,284	2,068	511	4,487
Page Views this Period	94	73	48	122
Post Engagement this Period (# reactions, comments, shares)	334	305	24	566
Esprit Place Family Resource Centre - Facebook	0ct. 2021	Nov. 2021	Dec. 2021	Jan. 2022
Total Page Followers	93	98	105	110
Post Reach this Period (# people who saw post)	67	222	104	46
Page Views this Period	11	4	28	14
Post Engagement this Period (# reactions, comments, shares)	3	18	22	1
The Meadow View (NOAH) - Facebook	0ct. 2021	Nov. 2021	Dec. 2021	Jan. 2022
Total Page Followers	325	349	364	380
Post Reach this Period (# people who saw post)	4,374	389	4,460	9,098
Page Views this Period	974	591	374	379
Post Engagement this Period (# reactions, comments, shares)	1,307	31	1,776	2,139

#### Licensed Child Care Programs

December 2021						
Age Group	Fairview ELCC	First Steps ELCC	Highlands ELCC	Waubeek ELCC	НССР	Total
Infant (0-18m)	N/A	N/A	N/A	2	17	19
Toddler (18m-30m)	13	10	14	24	16	77
Preschool (30m-4y)	19	16	18	32	37	122
School Age (4y-12y)	N/A	N/A	N/A	N/A	22	22
# of Active Children	32	26	32	58	92	240

## Total Children Utilizing Directly Operated Child Care in the District December 2021

Enrollment has remained stable although there is an increase in absenteeism with the Omicron variant and EarlyON Facilitators and Inclusion Support Services Resource Consultants are being redeployed as needed to support the Early Learning and Child Care Centres in meeting Ministry of Education ratios. Staff are continuing to wear face masks and goggles during program hours and all children and staff are screening daily before they enter any of the child care programs. All staff were offered Rapid Antigen Tests to use during the Christmas break and asked to ensure they tested negative before returning to work January 4<sup>th</sup>.

#### **School Age Programs**

December 2021		
Location	Enrollment	Waitlist
Mapleridge After School	12	2
St. Gregory's After School	17	0
St. Gregory's Before School	12	0
Sundridge Centennial After School	11	0
Sundridge Centennial Before School	5	0
Magnetawan Central After School	17	0
Land of Lakes After School	8	0
# of Active Children	82	2

#### Tammy MacKenzie, CAO

Most programs have seen a steady increase in enrollments and are viable. We will be working with the Near North District School Board in the new year to assess the existing programs and evaluate the viability for September 2022. Securing qualified staff and creating a casual staff roster is an ongoing difficulty and we are reaching out to other districts to see what models they are currently having success with. We were able to support School Age Emergency Child Care for the first week in January 2022 offering full-day programs at Sundridge Centennial and Mapleridge in Powassan.





The significant drop in the Home Child Care waitlist numbers from the previous month is due to a concerted effort on the part of the Home Visitor to connect with families on wait for home child care to confirm their current need. The majority had found care in an alternate setting or requested their name be removed from the list.



#### **OLAF FEE SUBSIDY APPLICATIONS**

#### **Child Care Fee Subsidy Statistics for December 2021**



A total of **350** families and **371** children accessed care in December

#### **Inclusion Support Services**

#### December 2021

Age Group	EarlyON	Licensed Early Learning & CCC's	Monthly TOTAL	Year-to-Date TOTAL	Waitlist	New Referrals	Discharges
Infants (0-18m)	0	0	0	2	0	0	0
Toddlers (18m-30m)	1	6	7	10	2	0	0
Preschool (30m-4 y)	4	29	33	58	3	2	0
School Age (4y+)	10	12	22	45	0	0	9
Monthly TOTAL	15	47	62	-	5	2	9
Year-to-Date TOTAL	37	72	-	115	42	59	61

Resource Consultants are able to visit children in licensed child care programs offering direct support. Most community therapeutic programs continue to operate virtually which is challenging but many therapists are hoping to begin visiting in-person and return to offering clients direct therapeutic supports in January. We are anticipating an increase in referrals as families prepare for a September entry to school. We will begin offering free school readiness screenings as COVID restrictions allow.

#### **EarlyON Child and Family Programs**

December 2021		
Activity	December	Year-to-Date
Number of Children Attending	138	1,071
Number of New Children Attending	20	186
Number of Families Visiting	96	729
Number of New Families Visiting	17	142
Number of Virtual Programming Events	27	98

EarlyON Child and Family Centres have returned to virtual programming only and suspended all inperson programs for the foreseeable future.

#### Social Assistance Digital Application (SADA) & Centralized Intake - January 2022



\*\*Yellow bars represent applications completed by the Intake and Benefits Administration Unit. Blue and green bars represent applications completed by local staff. Data from Tracking the Impacts of COVID-19 report and Centralized Intake Report.

Ontario Works applications	
3 🔺	60
Average received per business day	Received Jan 2022
Emergency Assistance applications	•
2 🔺	41
Average received per business day	Received Jan 2022
Average number of business days fr	om screening to grant
4.9 -	0.4 🔻
Ontario Works	Emergency Assistance

Intake for Ontario Works and Emergency Assistance remains busy through IBAU and our local offices. We received 60 OW applications in January, which is on par with our 2020 levels. Additionally, we received 41 applications for Emergency Assistance, this is 4 times what we saw in January 2020. Emergency Assistance provides short term support to individuals that would not qualify for Social Assistance. Emergency Assistance was expanded from a total of 16 days to 48 days at the onset of the pandemic. Staff also utilize other supports for applicants, such as our Homelessness Prevention Program or the Ontario Electricity Support Program to promote sustainability.

#### **Ontario Works Caseload**



#### **MyBenefits**

We now have **30.13 %** of the caseload registered with the MyBenefits web service.

#### **Employment**



#### Social Assistance Interactive Performance Report - Ontario Works



#### **Performance Outcomes - Various Metrics December 2021**

CMSM/DSSAB	Percentage of caseload with employment earnings	Average monthly employment earnings per case	Percentage of caseload exiting to employment	Percentage of terminations exiting to employment	Percentage of caseload terminated	Average number of business days from screening to financial eligibility decision
Parry Sound DSSAB	9.2%	\$913.55	2.0%	45.8%	4.4%	3
Province	9.7%	\$904.00	0.9%	20.3%	4.3%	4

#### **Community Homelessness Prevention Initiative (CHPI) Spending - Social Assistance**



#### CHPI Applications by Month and Office



#### **Direct Bank Deposit Enrollment**



#### **Homelessness Prevention Program - Community Relations Workers**

For the month of December 2021

#### <u>Support</u>

All services performed, provided, or arranged by the Homelessness Prevention Program staff to promote, improve, sustain, or restore appropriate housing for individuals active with the Homelessness Prevention Program, periodically within the month, not requiring intense case management.

#### Intense Case Management

Intense Case Management involves the coordination of appropriate services and the provision of consistent and on-going weekly supports, required by the individual to obtain and sustain housing stability.

Income Source	East	West
Senior	4	5
ODSP	7	22
Ontario Works	3	9
Low Income	8	16

Income Source	East	West
Senior	10	5
ODSP	7	22
Ontario Works	1	5
Low Income	5	9

#### **Contact/Referrals**

December	East	West	YTD
Homeless	2	3	84
At Risk	1	4	48

#### Short Term Housing Allowance

YTD	Month	Active	YTD
84	December	5	24
10			

#### Household Income Sources and Issuance from CHPI

Income Source	Total	CHPI	Reason for Issue	Total
ODSP	1	\$470.00	Food/Household/Misc.	\$1,500.00
Ontario Works	1	\$100.00	Rental Arrears	\$470.00
Low Income	2	\$1,400.00		

#### Hotel Project

January to December 2021	MidTown	Caswell
Total Participants Including Children	79	27
Single	43	17
Couple	3	3
Families	8	2
Male	42	13
Female	37	14
Participants Housed*	44	16

\* 14 participants remain active in the hotel project

#### **Housing Programs Centralized Waitlist**

Social Housing Centralized Waitlist Report - December 2021					
	East Parry Sound	West Parry Sound	Total		
Seniors	22	100	122		
Families	143	401	544		
Individuals	402	215	617		
Total	567	716	1,283		
Total Waitlist Unduplicated456					

#### Community Housing Centralized Waitlist (CWL) 2020 - 2021 Comparison **Applications and Households Housed from the CWL**

Month 2020	New App	New SPP	Cancelled	Housed	SPP Housed	Month 2021	New App	New SPP	Cancelled	Housed	SPP Housed
Jan	6	1	6	5		Jan	4		5	5	1
Feb	15		11	3		Feb	12	3	3	2	
Mar	10					Mar	8		4	1	1
Apr	3		5	4		Apr	9		6	1	
May	1		8	2		May	8	1	3	1	
June	1		3			June	8	1	4	1	1
July	5		13	2		July	7			1	
Aug	10		6	2		Aug	9		1	2	
Sept	4	2	6	3	1	Sept	22		5		
Oct	7	1	11	3		Oct	16	1	6	1	
Nov	4	1	1	2		Nov	9		16	2	
Dec	6	1	2	1		Dec	9		2	2	
Total	72	6	72	27	1	Total	121	6	55	19	3

SPP = Special Priority Applicant

- We had 9 new applications this month bringing the annual total to 121 for 2021, up from 72 in 2020.
- We were able to house 2 applicants from the waitlist in December ٠
- 2 applications were cancelled; 1 was due to not providing requested documentation and 1 re-• quested to be taken off the CWL

#### Parry Sound District Housing Corporation

Activity for Tenant and Maintenance Services December 2021

Action	Current	Year-To-Date
Move outs	1	17
Move ins	1	17
L1 Forms	0	0
N4 – notice of eviction for non payment of rent	3	11
N5 – notice of eviction for disturbing the quiet enjoyment of the other occupants	3	5
N6 - notice of eviction for illegal acts or misrepresenting income for RGI housing	0	0
N7 –notice of eviction for willful damage to unit	0	0
Repayment Agreements	0	52
No Trespass Order	0	1

Tenant Services for December 2021					
Wellness Check-ins	57	Regular well-being check-ins with our most vulnerable tenants			
Paramedicine	7	Wellness checks @ 7 buildings			
Tenant Home Visits	10	Tenants requiring assistance with annual review packages, well- ness checks, filing income tax, health & safety, life skills, service coordination			
Tenant Education & Engagement	4	Holiday decorating contest, spreading Christmas cheer across the district			
Mediation/Conflict Resolution/Referrals	21	Tenant complaints, tenant vs. tenant conflict, referrals to outside agencies			

Maintenance for December 2021					
Pest Control	8	8 buildings monitored monthly			
Vacant Units	10	family (5); single (5)			
Work Orders	75	work orders created for maintenance work and related materials			
After Hours Calls	2	types of calls: alarm reset and half power due to outage in building 5 staff participate in the weekly on call rotation			
Fire Inspections	8	Monthly fire checks at 8 of 8 buildings and 1 fire drill			
Incident Reports	0				

#### **Capital Projects - December 2021**

Local Housing Corporation:

- Awaiting quotes for asbestos remediation, and unit repair for two family units on East side
- Mapleview renovation (Road to Recovery), encountered more deficiencies this month, from previous contractor; the new contractor is working through to ensure a move in mid January-February

#### DSSAB Buildings:

- Beechwood Custodial contract signed, and will begin on January 1<sup>st</sup>, 2022
- Obtaining quotes for the interface for the Beechwood building HVAC system
- Replacement of Beechwood parking lot light on center pole
- Emsdale water testing underway to determine the eroding pipe issue, resulting in constant/ spontaneous leaking throughout the building

#### Current Challenge

Difficulty securing contractors/labourers as well as materials since they are often backordered. Obtaining quotes, as per our Procurement Policy, from contractors is presenting a challenge. We continue to complete capital projects; however, this is taking longer then typically expected.

#### Esprit Place Family Resource Centre

<b>Emergency Shelter Services</b>	December 2021	Year-to-Date (2021)
Number of women who stayed in shelter this month (may be duplicated within the month or year)	10	47 Number of women who stayed in the shelter this year who were unique to the shelter (unduplicated)
Number of children who stayed in the shelter	4	18
Direct service hours to women (shelter & counselling)	51	1,267
Resident bed nights (women & children)	192	1,954
Occupancy rate	62%	53%
Days at capacity	0 (COVID capacity)	12
Days over-capacity	0	0
Phone interactions (crisis/ support)	25	552

Outreach Services		
	December	Year-to-
	2021	Date 2021
Number of women served this month	14	137
Number of women registered in the program	4	64

Transitional Support						
	December 2021	Year-to- Date 2021				
Number of women served this month	3	83				
Number of women registered in the program	1	34				

Child Witness Program						
	December 2021	Year-to- Date 2021				
Number of children served this month	12	134				
Number of children registered in the program	2	42				
Number of public ed/groups offered	0	3				





#### NOMA, FONOM, and NOSDA met jointly with government at ROMA to discuss the Mental Health, Addictions, and Homelessness Crisis in the North

For release: January 26, 2022

The Northwestern Ontario Municipal Association (NOMA), the Federation of Northern Ontario Municipalities (FONOM), and the Northern Ontario Service Deliverers Association (NOSDA) jointly discussed the crisis of Homelessness, Mental Health, and the Opioid Crisis with the Provincial Government yesterday at the ROMA Conference. NOMA President Wendy Landry, FONOM President Danny Whalen, and NOSDA Chair Michelle Boileau shared with the six Provincial Ministers, Associate Minister, and two Parliamentary Assistants the experiences in our communities. Danny Whalen commented, **"having the three organizations coming together today with over 20 individuals represented on the call shows just how important this is and the need to address these issues in the North."** 

The three organizations shared with government a research paper written by the Northern Policy Institute titled "Solving the Homelessness, Mental Health and Addictions Crisis in the North". This paper provided 8 recommendations: provide long-term funding for capital repairs on community-housing units, amend the Health Protection and Promotion Act, 1990 to define a 'Northern Service Hub' and provide additional funding to these hubs, establish a joint taskforce to collect data and intelligence on the underlying and systematic retention issues of healthcare professionals in Northern Ontario, support new and existing 'Housing First' programs, support new and existing Indigenous culturally sensitive community-housing facilities, establish a 'Northern Mental Health and Addictions Centre of Excellence' to address the unique challenges of service and program delivery in Northern Ontario, contract a third-party operator for interfacility patient transfers to relieve the workload of paramedics, and establish mandated Mobile Crisis Intervention Teams in municipalities throughout Northern Ontario.

President Wendy Landry commented "it is important to take an all of government approach, to manage and find made in the North solutions to the Mental Health and Addictions Crisis". Michelle Boileau commented, "we want to work with this government to ensure the right resources are put in the right communities to reach people who need the resources where they live", further "above all, we ask that this government recognize municipalities and NOSDA as a partner in our collective efforts to address the growing mental health and addiction challenges."

The three organizations shared personal experiences from their own communities to paint a picture of what the mental health, addicitons, and homelessness crisis looks like and how it is affecting people in every community across Northern Ontario. We are greatly appreciative of all the hard work and funding the government has given to help those in the North get the support they need but much more work is needed to ensure every person is receiving the best level of service regardless of where they live.

FONOM President Danny Whalen 705-622-2479

Whendy Landry

NOMA President Wendy Landry 807- 626-6686

-mpoilean

NOSDA Chair Michelle Boileau 705-465-5026

### **Appendix B**

#### Executive Summary

Urgent action is required to address the homelessness, addiction, and mental health crisis in Northern Ontario. 2021 homeless enumeration data shows that Sault Ste. Marie, and the Districts of Kenora, Nipissing, and Cochrane have larger homeless populations than the five largest municipalities in Ontario. In fact, Thunder Bay and the District of Cochrane have more than double the homeless populations of Ottawa, Hamilton, and Waterloo, respectively. More astonishing is the growing number of people struggling with opioid addiction in Northern Ontario. Extreme spikes in opioid-related emergency department (ED) visits and deaths in most northern Public Health Units shows 2020 to be the most tragic and deadliest year yet of the opioid crisis. The growing number of people struggling with homelessness and addiction in Northern Ontario strongly indicates that there is also a mental health crisis is not merely restricted to vulnerable populations. This paper also finds that the mental health crisis is not merely restricted to vulnerable populations in the North, but rather that Northern Ontarians in general are experiencing poorer mental health than Ontarians in the rest of the province.

As the homelessness, addiction and mental health crisis worsens in Northern Ontario, it is clear that current services and programs are not adequately meeting the needs of northern communities. As the ones 'on the ground', municipal governments face tremendous pressure from their tax-bases to solve homelessness, addiction, and mental health issues in their community but are restricted by tight budgets. A collaborative approach ought to be taken by the federal, provincial, and municipal governments in order to solve these issues. In particular, there is opportunity for the provincial government to support existing community-led services and programs which align with commitments already made by the provincial government in the 'Roadmap to wellness'. Provincial support for existing services and programs is an 'easy win' for all levels of government against the homelessness, addiction, and mental health crisis. This paper identifies eight strategies governments can take to improve the homelessness, addiction, and mental health crisis in Northern Ontario. Those strategies are:

- 1. Provide long-term funding for capital repairs on community-housing units
- 2. Amend the Health Protection and Promotion Act, 1990 to define a 'Northern Service Hub' and provide additional funding to these hubs
- 3. Establish a joint taskforce to collect data and intelligence on the underlying and systematic retention issues of healthcare professionals in Northern Ontario
- 4. Support new and existing 'Housing First' programs
- 5. Support new and existing Indigenous culturally sensitive community-housing facilities
- 6. Establish a 'Northern Mental Health and Addictions Centre of Excellence' to address the unique challenges of service and program delivery in Northern Ontario
- 7. Contract a third-party operator for interfacility patient transfers to relieve the workload of paramedics
- 8. Establish mandated Mobile Crisis Intervention Teams (MCIT) in municipalities throughout Northern Ontario

This paper provides evidence that these strategies are highly effective and economically viable ways to reduce the number of people struggling with homelessness, addiction, and mental health issues in Northern Ontario.

#### **Introduction**

Northern Ontario is experiencing a homelessness, addiction, and mental health crisis. While these issues are not new in the North, significant gaps in health services around homelessness, addiction, and mental health have exacerbated the crisis. The growing number of Northerners suffering from homelessness, addiction, and mental health issues have ignited robust discussions at the provincial and municipal level around strategies to address service gaps. In 2019, the Association of Municipalities Ontario (AMO) published three detailed reports on homelessness, addiction, and mental health in Ontario, outlining recommendations for all levels of government. In March 2020, Ontario's provincial government published the Roadmap to wellness, introducing a new plan for the mental health and addiction service system (Government of Ontario, 2021c). Not long after, Ontario's Big City Mayors (OBCM) published a report calling on provincial and municipal governments to act boldly to address service gaps and vocalized their support for the Roadmap to wellness (OBCM, 2021). Later in 2021, Northern Ontario Municipal Association (NOMA), the Federation of Northern Ontario Municipalities (FONOM) and Northern Ontario Service Delivery Association (NOSDA) collaborated with municipal governments to draft a multi-ministry delegation package for mental health, addictions, and housing. This flurry of coordinated activity from municipal actors is indicative of the seriousness of the homelessness, addiction, and mental health crisis in the North.

This commentary seeks to further the coordinated efforts of municipal actors by offering timely data that supports highly effective strategies that governments can take to address this crisis. This commentary will start with an overview of the homelessness, addiction, and mental health crisis, followed by a brief explanation of the role and responsibilities of provincial and municipal governments. Roles and responsibilities of provincial and municipal governments will be discussed to provide context for the recommended strategies provided in the third section of this commentary.

#### The Homelessness, Mental Health and Addiction Crisis in the North

Section 19.1 of the Housing Services Act, 2011 requires service managers – or District Social Service Administration Boards (DDSABs) in the North – to conduct detailed enumerations of their homeless populations every two years beginning in 2018. Homeless enumerations offer important insight on the characteristics and needs of homeless populations in specific communities and regions. Figure 1 shows that Sault Ste. Marie and the Districts of Kenora, Nipissing, and Cochrane<sup>1</sup> have higher homeless populations than the five largest municipalities in Ontario. With the largest homeless population in Northern Ontario, the District of Cochrane has more than double the homeless populations in Ottawa, Hamilton and the region of Waterloo.



#### Figure 1. Homeless Population per 1000 people, 2021<sup>2</sup>

Source: Author's calculations from 2021 enumeration reports from DSSABs and municipalities, and Statistics Canada census district population projections.

<sup>&</sup>lt;sup>1</sup>Raw homeless enumeration data was provided by DSSABs and the City of Greater Sudbury. This data did not specify the communities in which homeless enumerations were conducted. Thus, it is assumed that homeless enumeration data represents entire DSSAB service areas. Where DSSAB service boundaries align with Census District boundaries – Cochrane, Kenora, Nipissing, Parry Sound, Rainy River, Thunder Bay and Timiskaming – DSSAB service areas will be referred to as 'the District of'. The service area of Sault Ste. Marie DSSAB will be referred to as simply 'Sault Ste. Marie'. The service area of Sudbury-Manitoulin DSSAB will be referred to as simply 'Sault Ste. Marie'. The service area of Algoma', but notably and unlike the Census District of Algoma, this paper excludes the City of Sault Ste. Marie when referring to 'the District of Algoma'. As Greater Sudbury is a single-tier municipality with a Consolidated Municipal Service Manager, it is referred to as simply 'the City of Greater Sudbury'.

<sup>&</sup>lt;sup>2</sup> Southern Ontario cities and regions included in Figure 1 were chosen based on available data from 2021 Enumeration Reports at the time of the publication of this paper. 2021 Homeless Enumeration data was unavailable for the district of Thunder Bay.

Moreover, Sault Ste. Marie and Thunder Bay DSSABs – the only two DSSABs that completed a point-in-time (PiT) count in a previous year<sup>3</sup> – reported an astonishing growth of homeless populations within their service area boundaries. Between 2016 and 2018, Sault Ste. Marie reported a 70 per cent increase in the city's homeless population, with a 58 per cent increase between 2018 and 2021 alone. In the District of Thunder Bay, the homeless population increased by 50 per cent between 2016 and 2018.

There is also a growing number of people struggling with addiction in Northern Ontario. As seen in Figures 2 and 3, 2020 was the most tragic and deadly year of the opioid crisis in the last five years. Between 2016 and 2020, opioid-related ED visits increased by an astonishing 695 per cent in the Porcupine Health Unit; 616 per cent in the North Bay Parry Sound District Health Unit; 522 per cent in the Public Health Sudbury and District, and 355 per cent in Thunder Bay District Health Unit (Public Health Ontario, 2021)<sup>4</sup>. At the lower end of the spectrum, all other northern Public Health Units still more than doubled their 2016 amounts in 2020<sup>5</sup>.



#### Figure 2. Opioid-Related ED Visits, 2016-2020

Source: Public Health Ontario Interactive Opioid Tool, 2021.

<sup>&</sup>lt;sup>3</sup> Prior to 2020, municipalities could choose from three methods to conduct their homelessness enumerations: a PiT count, a period prevalence count, or a combination of the two. Due to the logistical challenges of conducting homelessness enumerations in large, sparsely populated districts, most DSSABs opted to conduct period prevalence counts or a combination of the two. According to Employment and Social Development Canada, "results from various communities show that period prevalence counts enumerate between 3 and 10 times as many people as point-in-time counts". Therefore, data collected by period prevalence counts in 2018 is inconsistent with data collected by PiT counts in 2021.

<sup>&</sup>lt;sup>4</sup> N.B. Public Health Unit have custom service area boundaries that do not align geographically with DSSAB boundaries <sup>5</sup> While Renfrew County and District Health Unit partially covers territory in Ontario's central, western and northern regions, it has been omitted from this commentary as the majority of the population within this public health unit is situated on territory outside of the political borders of Northern Ontario as defined by the Province of Ontario.

Corresponding with opioid-related ED visits, opioid-related deaths increased significantly in every northern Public Health Unit between 2015 to 2020. Importantly, Figure 3 shows an extreme spike in opioid-related deaths in 2020 compared to 2019. Opioid-related deaths increased by 200 per cent in Algoma Public Health Unit and 168 per cent in North Bay Parry Sound District Health Unit **in a single year**.



Figure 3. Opioid-Related Deaths, 2016-2020

Source: Public Health Ontario Interactive Opioid Tool, 2021.

The growing number of people struggling with homelessness and addiction in Northern Ontario are strong indicators that there is also an ongoing mental health crisis. While mental health issues do not always lead to homelessness or addiction, or viceversa, an abundance of research literature from organizations such as the Canadian Mental Health Association (CMHA) and the World Health Organization shows homelessness, addiction, and mental health to be interconnected, and part of a larger, multifaceted socio-economic issue. As such, homeless populations are disproportionally affected by mental health and addiction. Figure 4 shows that a staggering 72 per cent of homeless individuals in Manitoulin-Sudbury suffer from mental health issues, followed by 68 per cent in Sault Ste. Marie, and 66 per cent in the City of Greater Sudbury. In the City of Greater Sudbury, 80 per cent of the homeless population suffer from addiction, followed by 78 per cent in the District of Thunder Bay, and 77 per cent in the Districts of Cochrane and Kenora.





Source: 2021 enumeration reports from DSSABs and City of Greater Sudbury.

Of course, it must be noted that mental health issues are not merely restricted to homeless individuals, but rather, affect the general population in Northern Ontario. CMHA found that Northern Ontarians self-reported higher rates of depression than the provincial average (CHMA 2009, 2), while Figure 5 shows that the number of Northern Ontarians who perceived their mental health as 'very good or excellent' is below the provincial average, except in North Bay Parry Sound District Health Unit. This data suggests there is a need from many community members in the North for mental health services and programs.



Figure 5. Perceived Mental Health of Individuals, 2017-2018

Source: Author's calculations from Statistics Canada health characteristics, two-year period estimates, and Census Profiles, Public Health Units, 2016 Census.

#### The Role and Responsibility of Government

The Constitution Act, 1867, as well as federal and provincial legislation and jurisprudence, define the role and responsibilities of all levels of governments regarding homelessness, addiction, and mental health issues. In terms of homelessness, the Housing Services Act, 2011 states that the role of the provincial government is to provide general oversight and policy direction for "community-based planning and delivery of housing and homelessness services" (Government of Ontario, 2021b). More specifically, the provincial government is required to "assess current and future local housing needs, plan for local housing and homelessness services to address needs, and measure and report on progress" (Government of Ontario, 2021d). Furthermore, Article 92, Section 7 of the Constitution Act, 1867 assigns the responsibility of public health to provincial governments. As homelessness, addiction and mental health **all** fall within the domain of public health, provincial governments are responsible for "developing and enforcing legislation, regulation, standards, policies and directories" to solve these issues (Public Health Ontario, 2020).

Municipal governments in Ontario play a unique role in community-housing – housing that is owned, operated and subsidized by non-profit organizations, municipal governments or DSSABs for low-income individuals or families (Government of Ontario, 2021a) – compared to the rest of the country. Since community-housing was downloaded from the province in 2001 and 2002, municipal governments act as local planning authorities, administrators of local community housing systems, and funders of housing benefits and rent (Government of Ontario, 2021d). In Northern Ontario, DSSABs – and Consolidated Service Manager in the City of Greater Sudbury – are responsible for the development of housing stock and the delivery of homelessness prevention programs (AMO 2019c, 10). DSSABs must outline their housing strategy in a ten-year housing and homelessness plan, and this plan must include strategies that address the housing needs of communities and that are in-line with provincial priorities (AMO 2019c, 11).

For health care and public health services, the role of municipal governments is as the employer for health services and funding partners to the provincial government (AMO 2019b, 15). Under the *Health Protection and Promotion Act, RSO, 1990*, provincial and municipal governments are required to cost-share the financial burden of health services, with the provincial government covering 75 per cent of service fees and municipal governments covering the remaining 25 per cent (AMO 2019b, 15). Municipal governments also support Public Health Units by providing a local lens to view policies and services (AMO 2019b, 15).

Despite well-defined roles of governments in Canada, as the ones 'on the ground', municipal governments face extraordinary pressure from their tax-bases to solve homelessness, addiction, and mental health issues in their community. Some municipalities have contributed additional funds to address homelessness, addiction, and mental health, but many more municipalities in Northern Ontario do not have the fiscal capacity to do so. Tight budgets leave little – or nothing – left-over for municipalities to spend on additional services and programs. Figure 6 shows the percentage of non-financial assets accounted for within municipal budget surpluses. Where the percentage of non-financial or physical assets such as hospitals, schools, and community-housing are equal to 100, the municipality is experiencing a major cash deficit as 100 per cent of their surplus represents their physical assets rather than available cash funds. Importantly, Figure 6 shows that many municipalities in Northern Ontario do not have the available cash – despite budget surpluses on paper – to spend appropriately on homelessness, addiction, and mental health.



#### Figure 6. Percentage of Non-Financial Assets<sup>6</sup>, 2015-2020

Source: Author's calculations of Net Financial Assets, end of year, total non-financial assets, and total accumulated surplus/(deficit) from municipal Financial Information Returns.

Budget shortfall is part of a complex economic issue for many municipalities in Northern Ontario. Rural and remote municipalities do not have the fiscal capacity to generate large amounts of municipal revenue due to small tax bases, nor do they benefit from the efficiency of scale. Furthermore, important factors such as population totals, population density, diminishing subsidies for rural areas and the number of service providers impact the cost-of-service delivery (Rizzuto 2020, 18).

<sup>&</sup>lt;sup>6</sup> Municipalities represented in Figure 6 were chosen as a representative sample size to describe the general fiscal capacity of municipalities in Northern Ontario

#### Service Gaps and Policy Strategies

The current – and worsening – homelessness, addiction, and mental health crisis in Northern Ontario indicates that existing policies, services, and programs do **not** meet the needs of northern communities. The following section identifies eight evidence-driven strategies that governments can take to improve the homelessness, addiction, and mental health crisis in Northern Ontario.

#### 1. Community-Housing Waitlists

A shortage of community-housing has contributed to the growth of the homeless population in Northern Ontario (AMO 2019c, 5). Figure 7 shows long and stagnated waitlists for community-housing in the North.



#### Figure 7. Community-Housing Waitlist<sup>7</sup>, 2016-2020

Source: Author's calculations from direct outreach to DSSABs and the City of Greater Sudbury, and Statistics Canada Census Division Population Projections for the corresponding years.

Much of the community-housing shortage can be attributed to the depletion of existing stock that is between 40 and 60 years old, and overdue for routine maintenance and repair (AMO 2019c, 23). As DSSABs struggle financially to keep up with the growing

<sup>&</sup>lt;sup>7</sup> Community-housing waitlist data not available for the District of Kenora.

backlog of capital repairs, much needed community-housing units are left vacant despite the growing demand (AMO 2019c, 24).

The most time-effective and financially responsible way to address the shortage of community-housing in Northern Ontario is by maintaining and repairing the existing housing stock (AMO 2019c, 23). When the province downloaded community-housing to municipalities, however, the transfer was completed without a corresponding transfer of adequate reserve funds for current and projected future capital repairs (AMO 2019c, 24). While DSSABs do not have the fiscal capacity to properly address the backlog of capital repairs, federal and provincial governments do *and should*. Long-term funding for capital repair should be delivered from the federal and provincial governments to DSSABs to address this long-standing problem. Ideally, funding should span over a 10-year period so DSSABs can incorporate their strategy in their 10-year housing and homelessness plans, and provide an update on progress in their 5-year review report (AMO 2019c, 24).

#### 2. Migration to Service Hubs

Service hubs in Northern Ontario face unique challenges in terms of their homeless population: the in-migration of people from surrounding rural and remote communities to access employment, education, and social and health services that do not exist in their community. Removed from their familiar environments and support systems, migrants often find themselves without the financial means to support themselves or return to their communities and, thus, become dependent on emergency shelters and other social services. This in-migration of vulnerable people applies pressure to "the housing stock, the homeless shelters, and the social services as a whole" in service hub communities (KDSB 2014, 8). The Districts of Kenora and Cochrane are particularly impacted by this migration trend as the District of Cochrane includes 40 First Nations, three unincorporated area, while the District of Cochrane includes seven First Nations, three unincorporated areas, and the only railway connection to the James Bay coast. In 2018, Thunder Bay DSSAB reported that 62 per cent of their homeless population within their service boundaries were migrants from surrounding areas (TBDSSAB 2018, 5).

#### Case Study: Sioux Lookout

Sioux Lookout, also known as "the Hub of the North", is a major service hub in the District of Kenora. Sioux Lookout Meno Ya Win Health Centre, a regional hospital and extended care facility, services the towns of Sioux Lookout, Pickle Lake, Savant Lake and 28 First Nations (Meno Ya Win Health Centre, 2021a). Collectively, Meno Ya Win provides health services for a population of 30,000, dispersed over 385,000 square kilometers (Meno Ya Win Health Centre, 2021b). Meno Ya Win and Sioux Lookout's Out of the Cold Emergency Shelter, both which services roughly the same area and communities, are significantly under-resourced for the population size they serve (Municipality of Sioux Lookout 2021, 20). Currently, the William "Bill" George Extended Care Unit operates with 20 beds, amounting to one bed per 1,500 people. In 2019, 768 unique individuals slept at the Out of the Cold Emergency Shelter – amounting to 15 per cent of Sioux Lookout's population – for a total of 5,000-person night stays annually (Municipality of Sioux Lookout 2021, 20). If this ratio was true for Toronto, it would mean 439,500 unique individuals stayed at an emergency shelter in one year, compared to the actual amount of 3,876 unique individuals (City of Toronto 2018, 7). Of course, it's not accurate to say 15 per cent of Sioux Lookout's population stayed at the emergency shelter, but rather it was mix of migrants from within the District of Kenora and residents of the town.

To ensure service hubs in Northern Ontario have adequate resources for their service area, an amendment could be made by the provincial government to the *Health Protection and Promotion Act, 1990.* This amendment should define a 'Northern Service Hub' and mandate the provincial government to provide additional support to these communities through reserve funds or the like.

#### 3. Medical Professionals

According to a report from CMHA, titled 'Rural and Northern Community Issues in Mental Health', Northern Ontarians are disadvantage by "limited availability and access to primary health care, specialists, hospitals and community services and supports" (CMHA 2009, 3). In 2010, the publication date of this report, CMHA identified 34 northern communities considered by the Ministry of Health and Long-Term Care (MOHLTC) to be 'an area of high physician need'. As of December 2021, this list has grown to **163** northern communities, encompassing the **entirety** of Northern Ontario (MOHLTC, 2021). The MOHLTC bases this list on a variety of compelling factors including "long-standing challenges in recruiting and retaining physicians, low health care provider-to-population ratios, travel time to reach service providers, and local demand for services" (CHMA 2009, 3). The scarcity of general physicians in the North acts as a major barrier to the establishment of necessary addiction and mental health services, such as medical detox centres and treatment facilities (Turner, 2021). Northerners struggling with addiction are often sent to treatment facilities in Thunder Bay, Winnipeg or Southern Ontario, separating them from their support systems and setting them up to fail (Turner, 2021).

The European Union faces many similar challenges to Northern Ontario and Canada when it comes to the shortage of health care workers. All member-states expressed serious concern around the sustainability and robustness of their health sectors due to demographic shifts, increased demand for services, an aging workforce, and recruitment and retention of health care workers (JAHWF 2016, 2). To enable strategic planning and informed decision making, the EU established the 'Joint Action Health Workforce Planning and Forecasting' (JAHWF). JAHWF is a three-year project mandated to collect intelligence and data of health sectors in the EU by "monitoring timely data, identifying mobility trends, estimating future skills and competencies that health workers will need, encouraging cooperation to find possible solution on expected shortages, and health workforce planning and forecasting on policy decision making" (Nordic Council of Ministries 2014, 36). By conducting research on the most advanced planning methodologies, JAHWF has enabled two pilot-programs in Italy and Portugal, and a feasibility study in Germany (Health Workforce EU, 2021). The Canadian Federation of Nurses Union have called on the federal government to lead a similar taskforce in Canada to investigate "new staffing models and other pilot projects", and address underlying and systematic retention issues (Yun, 2021).

Additionally, there is opportunity for government and others to support the work of the Northern Ontario School and their work around physician recruitment in Northern Ontario. The Physician Workforce Strategy has the goal of "linking human health resources to Northern Ontario's needs" (NOSM, n.d.). According to data collected in June 2021, 325 physicians are in demand across Northern Ontario – particularly for family physicians and rural generalists (NOSM, n.d.).

#### 4. Housing-First Programs

'Housing First' is a multidisciplinary homelessness strategy that prioritizes the rapid placement of the most vulnerable individuals and families into housing with no preconditions (Gaetz, Scott and Gulliver 2013, 18). Since gaining popularity in the 1990s, Housing First is now described as a 'best practice' for ending homelessness in Canada, the United States and around the world (Homelessness Hub, 2021). In 2008, the federal government committed \$110 million to conduct a four-year, five-city research project on Housing First – the world's most extensive study on Housing First programs at that time (Mental Health Commission of Canada 2014, 6). Each of the five cities – Vancouver, Winnipeg, Toronto, Montreal, and Moncton – focused on specific sub-populations such as individuals struggling with substance abuse in Vancouver and the urban Indigenous population in Winnipeg. Shockingly, the study found that 80 per cent of the 1,000 randomized participants remained housed after one year (Homelessness Hub, 2021). Moreover, a study published by Canadian Homelessness Research Network, the Homeless Hub, and the Government of Canada in 2013 that examined eight Housing First programs in Vancouver, Hamilton, Lethbridge, Victoria, Fredericton, Edmonton, and two in Calgary reported similar findings. The case study in Vancouver found no participants of the program were discharged to the streets within a four-year period (Gaetz, Scott and Gulliver 2013, 67), while the case study in Hamilton found 74 per cent of participants remained housed after six months and 90 per cent of this group remained housed after 12 months (Gaetz, Scott and Gulliver 2013, 80). The case study in Lethbridge revealed 90 per cent of participants remained housed within a 12-month period (Gaetz, Scott and Gulliver 2013, 95), while the case study in Victoria found 73 per cent of participants

remained housed within a two-year period (Gaetz, Scott and Gulliver 2013, 106). In Fredericton, 93.5 per cent of participants remained housed after 6 months, while 86 per cent of participants remained housed within a 3-year period (Gaetz, Scott and Gulliver 2013, 132). In Calgary, one case study found 92 per cent of participants within a 5-year period remained housed, while the other found 80 per cent of participants remained housed for at least 12 months (Gaetz, Scott and Gulliver 2013, 52).

In October 2020, the federal government launched the Rapid Housing Initiative (RHI) through Canada Housing and Mortgage Corporation (CMHC) to support Housing First programs. The federal government committed \$1 billion in 2020 for 3,000 affordable housing units, with a second round of funding in the 2021-22 federal budget of \$1.5 billion for a minimum of 4,500 affordable housing units. Seven First Nations in Northern Ontario have received \$21 million collectively in funding from the RHI to build 85 new homes, but more communities can be supported. Moreover, RHI funding should support existing Housing First programs in the North, such as Housing Now, a new program established in 2020 by Cochrane DSSAB, in partnership with the Canadian Mental Health Association.

#### 5. Culturally Sensitive Community-Housing

A significant proportion of the homeless population in Northern Ontario self-identify as Indigenous. Figure 8 shows Indigenous people account for over 60 per cent of the homeless population in four Northern Districts and in Sault Ste. Marie. In the District of Kenora, 88 per cent of the homeless population self-identify as Indigenous, followed by 82 per cent in the District of Cochrane, 78 per cent in the District of Rainy River, 68 per cent in the District of Thunder Bay, and 64 per cent in Sault Ste. Marie. Despite Indigenous people accounting for an overwhelming proportion of the homeless population in the North, there is limited culturally-sensitive services and programs to address their specific needs.



Figure 8. Homeless Individuals that Self-Identify as Indigenous, 2021

Source: 2021 Enumeration Reports from DSSABs and City of Greater Sudbury.

To tackle this problem, Kenora District Service Board (KDSB), Ontario Aboriginal Housing Services, North West Local Health Integration Network, Meno Ya Win Health Centre and Nishnawbe-Gamik Friendship Centre collaborated to lead a project that opened a 20-unit community-housing facility in Sioux Lookout. The facility offers culturally sensitive and easily accessible programs and services for Indigenous people (KDSB 2018, 21). This facility has reduced 911 calls to Ontario Provincial Police (OPP) in Sioux Lookout by 90 per cent (Helwig, 2021). A similar project is underway for a new 30-unit facility in the City of Kenora, while discussion between the District of Sault Ste. Marie Social Services Administration Board and OAHS have recently begun for another 30-unit facility in Sault Ste. Marie (Helwig, 2021).

These facilities align with the commitments made by the provincial government in the Roadmap to wellness to continue to work with Indigenous people and communities to co-developed services and programs that "enable Indigenous clients to access highquality, culturally appropriate mental health, addictions and well-being services" (Government of Ontario, 2020c). They *also* align with the goals of the RHI. As such, supporting the existing facilities and the expansion of similar facilities across Northern
Ontario is an 'easy win' for the provincial and federal government in supporting Indigenous people struggling with homelessness, addiction, and mental health issues.

## 6. 'Northern' Mental Health and Addictions Centre of Excellence

In March 2020, the provincial government announced a new action plan to address mental health and addiction in Ontario with a more coordinated approach. The plan, outlined in the *Roadmap to wellness*, introduces the establishment of the 'Mental Health and Addictions Centre of Excellence'. As the "central point of accountability and oversight for mental health and addictions care" in Ontario, the Mental Health and Addiction Centre of Excellence will strive to **standardize** and monitor service delivery, report on performance, and provide support to health professionals (Government of Ontario, 2021c).

Northern Ontario, however, faces unique challenges compared to the rest of the province which must be considered by the provincial government before the establishment of a new standardized and centralized system of care for the province. While the Roadmap to wellness addresses many addiction and mental health issues in Northern Ontario, the implementation and delivery of these services must look different in the North for them to be effective. In recognition of the challenges of service delivery due to sparse populations within a large geographical region, there is robust support in Northern Ontario for the establishment of a 'Northern Centre of Excellence for Mental Health and Addiction'. An engagement process conducted by the Centre for Rural and Northern Health Research and the Thunder Bay Drug Strategy, found that 95 per cent of the 216 participants from within six engagement areas – social services, education, peer, health care, policy and justice – and 65 Indigenous organizations, support the establishment of a 'Northern Centre of Excellence' (Lakehead University 2018, 4). As the Roadmap to wellness remains in the development phase, there is an opportunity for the provincial government now to consult with Northern decision makers and reassess the benefits to establishing a 'Northern Centre of Excellence'.

### 7. Inter-Facility Transportation

The opioid crisis is putting severe strain on municipal paramedic services. In the third quarter of 2021, Superior North EMS answered 187 opioid overdose calls – the highest amount ever recorded in the District of Thunder Bay (Public Health Ontario, 2021a). Similarly, the District of Cochrane is projected to surpass last year's total of 269 emergency medical services calls, with a total of 259 call recorded by the end of October 2021 (Porcupine Health Unit, 2021). To add to their workload, paramedics in Northern Ontario are uniquely required to assist in "non-urgent transfers of low-acuity patients between health facilities", often delaying their response time for emergency calls as resources are extremely limited (AMO 2019a, 6). Inter-facility transfers are a costly expense for municipal governments, and are avoided in other areas of the province through private contracts with private and non-profit operators that are funded by the province (AMO 2019a, 6)

To alleviate the workload of paramedics and solve a long-standing issue in the North, this commentary supports the recommendation made by AMO in their report, 'A Compendium of Municipal Health Activities and Recommendations', to include the provision of a third-party operator for inter-facility patient transfers in Northern Ontario provided and funded by the provincial government. Importantly, this commentary seconds the additional recommendation that only in situations where there is no alternative, should municipal paramedic services be used, and when this occurs, the cost should be reimbursed from the provincial government to municipalities from LHINs (AMO 2019a, 6).

### 8. Mobile Crisis Intervention Teams (MCIT)

Police officers are ill-equipped to handle an increasing number of service calls involving individuals experiencing mental health crises, resulting in a 'revolving door' phenomenon "where police have frequent contact with the same individuals who are often unable to access long-term, appropriate care" (Semple et al 2021, 3). These calls drain police resources due to their frequency and time-consuming nature as police officers are typically required to remain in ED with individuals apprehended under the *Mental Health Act* until they have been seen by a physician (Semple et al 2021, 4).

The MCIT model, which pairs an experienced mental health professional with a police officer, has been implemented with tremendous evidence-based success in many cities across Ontario and Canada. MCIT models have proven to relieve pressure on police officers and provide better support to people in crisis. A study conducted on the Crisis Outreach and Support Team (COAST) by South Simcoe Police Service (SSPS) in partnership with CMHA and York Support Services Network found the implementation of COAST contributed to fewer apprehensions and significantly more resources provided to people in crisis (Semple et al 2021, 4). Moreover, the study found COAST provided significant economic benefits for SSPS. Reduced call times of patrol officers responding to mental health calls saved \$47.43 per call and SSPS also saved on calls where COAST responded compared to patrol officers (Semple 2021, 14). A similar study conducted on the Joint Mobile Crisis Response Team Pilot Project (JMCRT) by Thunder Bay Police Services, Thunder Bay Regional Health Sciences Centre and CMHA also found a reduction in the number of apprehensions and less time spent by officers in ED. Since 2018, JMCRT has been successful in diverting 661 people from ED and 131 from police custody (Human Services & Justice Coordinating Committee, 2021).

As part of the \$18.3 million commitment made by the provincial government in 2019 to support Ontario's first responders in the *Roadmap to wellness*, a pilot project for four new mobile mental health and addictions clinics were announced, with one set to open in Northern Ontario on Manitoulin Island. In June 2021, OBCM called on the federal government to establish "a consistent program to be mandated province-wide with the necessary funding" as a viable solution for solving the mental health crisis that has been "tried and tested" with success – a position supported by this paper (OBCM, 2021). Federal, provincial and municipal governments should work collaborative to introduce MCIT in communities across Northern Ontario.

20

# **Conclusion**

It is clear that current efforts made by governments are not enough to address the worsening homelessness, addiction, and mental health crisis in Northern Ontario. Thus, all levels of government musts commit to new strategies for Northern Ontario. The strategies identified in this paper have been proven to be successful in reducing homeless populations and those struggling with addiction and mental health issues with evidence-based data. This data also shows the economic benefits of the suggested strategies. Importantly, the eight strategies align with commitments already made by the federal and provincial government, and therefore, should be supported whole-heartedly and without reservation.

## Appendix A

Association of Municipalities of Ontario (AMO) Canadian Mental Health Association (CHMA) Canadian Mortgage and Housing Corporation (CMHC) Crisis Outreach and Support Teams (COAST) District Social Service Administration Board (DSSAB) Emergency Department (ED) Federation of Northern Ontario Municipal Association (FONOM) Joint Action Health Workforce Planning and Forecasting (JAHWF) Joint Mobile Crisis Response Team Pilot Project (JMCRT) Kenora District Services Board (KDSB) Ministry of Health and Long-Term Care (MOHLTC) Mobile Crisis Intervention Teams (MCIT) Northern Ontario Municipal Association (NOMA) Northern Ontario School of Medicine (NOSM) Northern Ontario Service Delivery Association (NOSDA) Ontario's Big City Mayors (OBCM) Ontario Provincial Police (OPP) Point-in-Time (PiT) Counts Rapid Housing Initiative (RHI) South Simcoe Police Service (SSPS)

## References

- Arangio, Sergio. "New homeless program in Timmins aims to put 'housing first'". CTV News, July 10, 2020. Accessed October 29, 2021. https://northernontario.ctvnews.ca/newhomeless-program-in-timmins-aims-to-put-housing-first-1.5019820.
- Association of Municipalities Ontario. 2019. "A Compendium of Municipal Health Activities and Recommendations". Toronto, ON: Association of Municipalities Ontario. Available online at

https://www.amo.on.ca/sites/default/files/assets/DOCUMENTS/Reports/2019/CompendiumofMunicipalHealthActivitiesandRecommendations20190118.pdf.

- Association of Municipalities Ontario. 2019b. "Addressing the Opioid Overdose Emergency in Ontario". Toronto, ON: Association of Municipalities Ontario. Available online at https://www.amo.on.ca/sites/default/files/assets/DOCUMENTS/Reports/2019/Addressin gtheOpioidOverdoseEmergencyinOntario20190904.pdf.
- Association of Municipalities Ontario. 2019c. "Fixing the Housing and Affordability Crisis: Municipal Recommendations for Housing in Ontario". Accessed November 12, 2021. https://www.amo.on.ca/advocacy/human-services/fixing-housing-affordability-crisismunicipal-recommendations-housing.
- Association of Municipalities Ontario. 2021. "Ontario's Housing and Homelessness Crisis and COVID-19 Recovery". Accessed November 4, 2021. https://www.amo.on.ca/advocacy/health-human-services/ontarios-housing-andhomelessness-crisis-and-covid-19-recovery.
- Brody, Tim. 2020. "Local agencies working together to support community's homeless". The Sioux Lookout Bulletin, March 20. Accessed October 10, 2021. http://www.siouxbulletin.com/local-agencies-working-together-to-support-communitys-homeless.
- Canadian Mental Health Association. 2009. "Rural and Northern Community Issues in Mental Health". Toronto, ON: Canadian Mental Health Association. Available online at https://ontario.cmha.ca/documents/rural-and-northern-community-issues-in-mentalhealth/.
- Canadian Mental Health Association. 2014. "Ontario Mental Health and Housing Backgrounder". Toronto, ON: Canadian Mental Health Association. Available online at https://ontario.cmha.ca/wp-content/uploads/2014/03/CMHA-Ontario-Mental-Healthand-Housing-Backgrounder\_April12014FINAL-APPROVED-2.pdf.

- Canada Mortgage and Housing Corporation. 2021. "Rapid Housing Initiative (RHI)". Accessed January 4, 2022. https://www.cmhc-schl.gc.ca/en/professionals/project-funding-andmortgage-financing/funding-programs/all-funding-programs/rapid-housing.
- CBC News. "Rapid Housing Initiative aims to build 85 homes in seven northwestern Ontario Indigenous communities". April 19, 2021. https://www.cbc.ca/news/canada/thunderbay/rapid-housing-northwestern-ontario-1.5992392.
- City of Kenora. "Homelessness & Behavioural Issues Task Force". Published September 2013. Available online at https://www.kenora.ca/en/yourgovernment/resources/Documents/workplan\_final\_20130904.pdf.
- City of Sault Ste. Marie Social Services. "Everyone Counts 2018 Point-In-Time Homelessness Count". Published July 23, 2018. Available online at https://www.homelesshub.ca/sites/default/files/attachments/2018%20PiT%20Count%20 Final%20Report%20-%20Sault%20Ste.%20Marie.pdf.
- City of Toronto. 2018. "Street Needs Assessment". Toronto, ON: City of Toronto. Available online at https://www.toronto.ca/wp-content/uploads/2018/11/99be-2018-SNA-Results-Report.pdf
- City of Toronto. 2021. "City of Toronto releases 2021 street needs assessment results and Homlessness Solutions Service Plan". Accessed January 4, 2022. https://www.toronto.ca/news/city-of-toronto-releases-2021-street-needs-assessmentresults-and-homelessness-solutions-service-plan/.
- Cochrane District Social Services Administration Board. "Housing Now". Accessed January 10, 2022. https://www.cdssab.on.ca/housing-now.
- Gaetz, S., Scott, F., and Gulliver, T. 2013. "Housing First in Canada". Toronto, ON: Canadian Homelessness Research Network Press. Available online at https://www.homelesshub.ca//sites/default/files/HousingFirstInCanada.pdf.
- Government of Canada. 2021. "Constitution Act, 1986". Accessed January 13, 2022. https://laws-lois.justice.gc.ca/eng/const/FullText.html
- Government of Ontario. 2021a. "Community housing renewal strategy". Accessed January 10, 2022. https://www.ontario.ca/page/community-housing-renewal-strategy.
- Government of Ontario. 2021b. "Housing Services Act, 2011". Accessed November 12, 2021. https://www.ontario.ca/laws/statute/11h06.
- Government of Ontario. 2021 c. "Roadmap to wellness: a plan to build Ontario's mental health and addictions system". Ottawa, ON: Government of Ontario. Available online at https://www.ontario.ca/page/roadmap-wellness-plan-build-ontarios-mental-healthand-addictions-system.

- Government of Ontario. 2021 d. "The Ontario municipal councillor's guide". Accessed November 25, 2021. https://www.ontario.ca/document/ontario-municipal-councillorsguide/13-affordable-and-social-housing.
- Helwig, David. 2021. "Talks underway to build 30-unit facility to address Indigenous homelessness in the Sault". Soo Today, November 10. Accessed November 10, 2021. https://www.sootoday.com/local-news/talks-underway-to-build-30-unit-facility-toaddress-indigenous-homelessness-in-the-sault-4732299.
- Homeless Enumeration Report 2021, Algoma District Social Service Administration Boards (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, City of Greater Sudbury (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, City of Hamilton (upcoming publication). Data received through personal communication, January 4, 2022.
- Homeless Enumeration Report 2021, City of London (upcoming publication). Data received through personal communication, January 6, 2022.
- Homeless Enumeration Report 2021, City of Ottawa (upcoming publication). Data received through personal communication, January 4, 2022.
- Homeless Enumeration Report 2021, Cochrane District Social Service Administration Boards (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Kenora District Services Board (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Manitoulin-Sudbury District Social Services Administration Board (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Nipissing District Social Service Administration Board (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Parry Sound District Social Service Administration Board (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Rainy River District Social Service Administration Board (upcoming publication). Data received through personal communication, December 15, 2021.

- Homeless Enumeration Report 2021, Sault Ste. Marie District Social Service Administration Board (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Temiskaming District Social Service Administration Board (upcoming publication). Data received through personal communication, December 15, 2021.
- Homeless Enumeration Report 2021, Thunder Bay District Social Service Administration Board (upcoming publication). Data received through personal communication, January 11, 2021.
- Homeless Hub. 2016. "Homelessness in Sault Ste. Marie: 2016 Point-in-Time Count". Accessed November 14, 2021. https://www.homelesshub.ca/resource/homelessness-sault-stemarie-2016-point-time-count-0.
- Homeless Hub. 2021. "Solutions: Housing First". Accessed November 4, 2021. https://www.homelesshub.ca/solutions/housing-accommodation-andsupports/housing-first.
- Human Services and Justice Coordinating Committee. 2019. "Joint Mobile Crisis Response Pilot Project – Made in Thunder Bay – 2019-11-04". Accessed November 10, 2021. https://hsjcc.on.ca/joint-mobile-crisis-response-pilot-project-made-in-thunder-bay-2019-11-04/.
- Joint Action Health Workforce Planning and Forecasting. "Final Guide of the Joint Action on Health Workforce Planning and Forecasting". Published April 2016. Access online at http://healthworkforce.eu/wpcontent/uploads/2016/11/WP2\_FINAL\_GUIDE\_final\_version.pdf.
- Joint Action Health Workforce Planning and Forecasting. 2021. "Introductory Information to the Joint Action". Accessed November 3, 2021. http://healthworkforce.eu/archive/.
- Kenora District Services Board. "A Place for Everyone Kenora District Services Board Ten Year Housing and Homelessness Plan". Available online at http://www.kdsb.on.ca/Homelessness/Kenora%20District%20Services%20Board%20Ten %20Year%20Housing%20and%20Homelessness%20Plan.pdf.
- Kenora District Services Board. "2018 State of Housing Report". Published January 9, 2018. Available online at https://www.kenora.ca/en/buildinvest/resources/Documents/2018-State-of-Housing-Progress-Report.pdf.
- Kenora District Services Board. "A Place For Everyone 10 Year Housing and Homelessness Updated Plan 2020". Available online at http://www.kdsb.on.ca/Homelessness/A%20Place%20for%20Everyone\_FINAL.pdf.

- Lakehead University. "Results of a Northwestern Ontario Engagement Process. Published July 2, 2018. Available online at https://www.lakeheadu.ca/sites/default/files/uploads/36/NCOE\_Overall%20Report\_we b FIN JULY27%20%281%29.pdf.
- Laurentian University. "Homelessness in Cochrane, Ontario Final Report". Published June 30, 2015. Available online at https://www3.laurentian.ca/homelessness/wp-content/uploads/2012/06/Homelessness-in-Cochrane-Ontario-Final-Report.pdf.
- Mental Health Commission of Canada. 2014. "National Final Report: Cross-Site at Home/Chez Soi Projects". Calgary, AB: Metal Health Commission of Canada. Available online at https://homelesshub.ca/sites/default/files/attachments/mhcc\_at\_home\_report\_nation al\_cross-site\_eng\_2.pdf.
- Ministry of Health and Long-Term Care. 2021. "Area of High Physician Need". Accessed November 3, 2021. https://www.health.gov.on.ca/en/pro/programs/highneed/.
- Municipality of Sioux Lookout. "Sioux Lookout Community Safety and Well Being Plan". Published April 2021. Available online at https://www.siouxlookout.ca/en/your-localgovernment/resources/Sioux-Lookout-Community-Safety-and-Well-Being-Plan-April-2021.pdf.
- Nordic Council of Ministries. 2014. "Recruitment and Retention of Health Care Professionals in the Nordic Countries". Accessed November 3, 2021. http://norden.divaportal.org/smash/get/diva2:747320/FULLTEXT02.pdf.
- Northern Ontario School of Medicine. "NOSM Physician Workforce Strategy." N.d. https://www.nosm.ca/our-community/nosm-physician-workforce-strategy/.
- Ontario's Big City Mayors. 2021. "Ontario's Big City Mayors call for action on ambitious mental health and addictions plan". Accessed November 1, 2021. https://www.ontariobigcitymayors.ca/news/details.php?id=747.
- Porcupine Health Unit. 2021. "Opioid Surveillance". Accessed October 26, 2021. https://www.porcupinehu.on.ca/en/your-community/opioid-surveillance/.
- Public Health Ontario. 2020. "Ontario Public Health System". Accessed January 4, 2022. https://www.publichealthontario.ca/en/about/blog/2020/ontario-public-healthsystem
- Public Health Ontario. 2021. "Interactive Opioid Tool 2021". Accessed November 30, 2021. https://www.publichealthontario.ca/en/data-and-analysis/substance-use/interactiveopioid-tool.
- Region of Waterloo. 2021. "Region of Waterloo completes engagement process to identify and support those experiencing homelessness". Accessed January 4, 2022.

https://www.regionofwaterloo.ca/Modules/News/index.aspx?newsId=b22ceeaa-2181-404f-b52b-5c162ba7999f.

- Rizzuto, Rachel. 2020. "The Goldilocks Problem: Understanding Northwestern Ontario in the Development of Appropriate Employment and Training Management Models". Thunder Bay, ON: Northern Policy Institute. Available online at https://www.northernpolicy.ca/service-system-managers
- Segaert, Aaron. 2016. "Period Prevalence vs. Point-in-Time". Ottawa, ON: Employment and Social Development Canada. Available online at https://www.homelesshub.ca/sites/default/files/Aaron%20Seagart-HPS-Period%20Prevalence%20vs%20PiT%20Count.pdf
- Semple, T., Tomlin, M., Bennell, C., and Jenkins, B. "An Evaluation of a Community-Based Mobile Crisis Intervention Team in a Small Canadian Police Service". Community Mental Health Journal 57: 567-578. Accessed November 1, 2021. https://pubmed.ncbi.nlm.nih.gov/32676879/.
- Sioux Lookout Meno Ya Win Health Centre. 2021 a. "Service Area". Accessed November 5. https://slmhc.on.ca/about/about-slmhc/service-area/.
- Sioux Lookout Meno Ya Win Health Centre. 2021b. "About SLMHC". Accessed November 5. https://slmhc.on.ca/about/about-slmhc/.
- Statistics Canada. Table 13-10-0113-01 "Health characteristics, two-year period estimates". Accessed November 14, 2021. https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310011301.
- Statistics Canada. Table 17-10-0139-01 "Population estimates, July 1, by census division, 2016 boundaries". Accessed November 14, 2021. https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1710013901.
- Statistics Canada. Table 17-10-0135-01 "Population estimates, July 1, by census metropolitan area and census agglomeration, 2016 boundaries". Accessed November 14, 2021. https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1710013501.
- Statistics Canada. 2017. Health region, Ontario and Ontario Census Profile. 2016 Census. Statistics Canada Catalogue no. 98-316-X2016001. Ottawa. Released November 29, 2017.https://www12.statcan.gc.ca/census-recensement/2016/dppd/prof/details/page.cfm?Lang=E&Geo1=HR&Code1=3526&Geo2=PR&Code2=35&SearchText= The% 20District% 20of% 20Algoma% 20Health% 20Unit&SearchType=Begins&SearchPR=01&B1= All&GeoLevel=PR&GeoCode=3526&TABID=1&type=0.
- The Rural and Northern Health Care Panel. "Rural and Northern Health Care Framework". Ottawa, ON: Ministry of health and Long-Term Care. Available online at

https://www.health.gov.on.ca/en/public/programs/ruralnorthern/docs/exec\_summary \_rural\_northern\_en.pdf.

- Thompson, Lori. "First mobile mental health and addictions clinic launched". The Manitoulin Expositor, November 3, 2021. Accessed November 8, 2021. https://www.manitoulin.com/first-mobile-mental-health-and-addictions-cliniclaunched/.
- Thunder Bay District Social Services Administration Board. "2018 District of Thunder Bay Point-In-Time Count of People Experiencing Homelessness". Published November 2018. Available online at https://www.homelesshub.ca/sites/default/files/attachments/Enumeration%20Report% 20Final%20-%20print%20-newest.pdf.
- Tuner, Logan. "A city unprepared". CBC NEWS, October 13, 2021. Accessed November 3, 2021. https://newsinteractives.cbc.ca/longform/growing-drug-crisis-in-canadas-small-towns?webview=true&appname=news-android-app&udid=e10319c2-7054-4806-a3b0-6d41bdfc887e.
- Yun, Tom. 2021. "Nurses' union calls on federal government to take lead in addressing nursing shortage". CTV News, September 15. Accessed November 10. https://www.ctvnews.ca/health/nurses-union-calls-on-federal-government-to-takelead-in-addressing-nursing-shortages-1.5586728.

Appendix C



District of Parry Sound



Social Services Administration Board

# Ontario Works Project Interim Report - Synopsis



In partnership with Employment North, the objective of this project is to support Ontario Works clients who are farthest removed from the labour market into employment in the fastest and most efficient way possible using techniques not available through existing employment services programs. This program would assist both the harder to serve clientele as well as promote economic recovery by assisting employers to hire qualified individuals for job vacancies.

Interviews were conducted with ten individuals currently on Ontario Works that were chosen by their caseworkers who they felt we suitable for the program. From the ten that were interviewed, five were chosen to move forward with the program and begin the 3 weeks of preemployment and life stabilization workshops conducted by the project coordinator. Four females and one male were chosen, all from various areas throughout the Almaguin Highlands between Trout Creek and Burk's Falls. Some of the participants knew what they wanted to work towards in terms of career goals and some needed to explore their career options. All participants were actively engaged in the workshops, and completed all 90 hours of the workshops. The feedback from participants was very encouraging as they found the content helpful, useful and practical in terms of providing information that was relevant and not only relating to employment supports but to all aspects of life stabilization. Many of the participants commented that although the workshops seemed slow at the start, because some of the content was a repeat of what they already knew, they were surprised to learn as much as they did throughout the course of the workshops. One participant commented that she learned a lot, built more confidence in herself and she has more knowledge of important life skills than she had before. Of the five participants, one of them, a younger male, expressed at his first day of workshops that he did not feel he was a good fit for the program and he wanted to quit the program. With some coaching and mentoring, the young man seemed more willing to move forward with the program, completed the workshops and expressed that he was very happy that he continued with the program - over the course of the workshops he made great connections and felt like he learned a lot he did not know.

Referrals to community partners and organizations is a key component to life stabilization and the overall well-being of the client and is an important part of this project. Each participant was asked if they felt they needed any assistance with any other aspects of their life and then be referred to the appropriate party. Each participant felt for the most part that they did not require any referrals for additional support and were told that if they ever did that they can speak to the project coordinator and their caseworker.

A large part of the program was attendance and participation, and every participant as was stated above, completed the 90 hours of workshops. If there was something that came up where they were going to be late or could not attend the workshop that day, they would contact the program coordinator and let them know. The participants kept in constant communication with the program coordinator throughout the workshops and continue to work with the program coordinator and Employment North's job developer to secure placements as we move into the next phase of this project. The participants are now actively engaging in job searching and with the assistance of Employment North's job developer are being marked to employers in the area – with the program; these five people have an improved opportunity for better jobs locally.

The current labour market has many more jobs than it does job seekers. Especially those in the skilled trades. Initially, through career exploration and job searching techniques, the project coordinator worked with the participants to narrow down their interests and what their career goal, if they have one, would be. Those who did not have a career goal continued to explore and through discussion and working with the job developer and project coordinator, were able to look at the labour market and the opportunities available and see if any of these interested the participant. And through Employment North's vast network and connection with local employers in the area, placements will be arranged with the employer. The purpose of the placement is to assist the participant with transition into the work world and transition off social assistance, so the placements are setup with a maximum amount of weeks so that the employer is subsidized for a lengthy period to help offset training costs but also to encourage continued employment post placement. There is currently one individual employed and on placement, with two other individuals job searching with the job developer and project coordinator and have submitted their cover letters and resumes to employers for consideration and are working on securing an interview. The job developer and project coordinator will continue to market the participant to employers ongoing until placement is secured with an employer.

Those that may have not had a clear idea of what job or career they were interested in, were encouraged to further their skills set and knowledge through education and further training. One of the participants is very interested in obtaining her PSW certification, so the job developer and project coordinator have approached a local assisted living home about a resident care position where she can work and work towards getting the certifications required to become a PSW. Another participant, who is very interested in becoming an electrician, has had discussions with Employment North staff regarding the apprenticeship program and is working with the project coordinator and the job developer to look for an employer that would be interested in participating in the apprenticeship program. All participants are encouraged to increase their skills sets and obtain further certifications that may assist them in employment and have obtained or are registered for such certifications as Food Handler's Course, Working from Heights, CannSell, as well as First Aid/CPR.

Throughout the project, the project coordinator, the Ontario Works caseworker and the participant have maintained consistent communication and have addressed any concerns that any of the parties involved had. There also have been updates provided to the Ontario Works group through the staff meetings as well as meetings with the caseworkers and supervisors to ensure that the project is performing to each parties expectations and that the clients are progressing in a satisfactory manner. We feel that this partnership between Ontario Work's and Employment North has truly benefitted those individuals that are the farthest removed from the labour market and have challenges and barriers that this project assists with overcoming. The participants have refined or defined their career goals and the path to get them towards their career goals and through this project are in a better position to be marketed for in-demand jobs in the labour market.